# 1:1 Coaching: support for leaders in turbulent times



#### Overview

At Impact we partner with leaders using our experiential approach and methodologies; inspiring them to maximise their professional and personal potential, in the face of disruption and rapid change.

Impact's coaches are experts in coaching and in experiential learning. Our coaches combine best-in-class coaching qualifications and experience with the ability to design and support individual learning activities that bring learning to life, making it even more likely to be successful and sustainable.

The Impact process is supported by a robust preparation phase to ensure that leaders are partnered with the right coach and that coach and leader have clear objectives going into the coaching sessions. Objectives may include challenges connected to personal resilience, remote team working, leadership in a rapidly changing reality, trust and empowerment, remote influencing.

# The process



## **Chemistry calls**

Working with the right coach and establishing a positive connection



## **Contracting & Objective setting**

Agreeing the objectives



# **Virtual Coaching sessions**

Navigating through turbulent times



#### **Review Meeting**

Reflecting on results and identifying next steps

#### **Benefits**

- Preparing leaders for the challenges of today and tomorrow
- Helping leaders build personal resilience
- Developing influencing and negotiation skills
- Building leadership capacity in a disruptive environment

ringier axel springer

Client testimonial

"Working with Impact is a great experience and leadership journey for all managers. By drilling leadership situations down to their essence we gain wisdom through reflection. I see my team grow after every session making me very proud."

Mark Dekan, CFO

## Contact us

Click here to get in touch with us today!

www.impactinternational.com